



Dr. Stephan Langston - President
FCA

I thank God that you can be healed. You were given a body that was made to be healthy. Health is your birthright and nothing should be able to take that away from you... neither Fibromyalgia nor Chronic Fatigue/Pain.

I watched and listened to the patients that had these horrible symptoms as they walked into my office (sometimes in a wheel chair or carried), my heart burned for them. Here is an entire segment of our population that is just dying to be validated. No one would hear them when they said they hurt. They were told it was all in their head and that nothing could be done. Just learn to live with it.

Now something can be done! There is a better way. After years of researching and successfully treating Fibromyalgia, we have an answer. And best of all, we are now able to give life back to these patients. Spouses and family members can enjoy their long lost family members who have been brought back from the clutches of these horrible diseases.

DR. JOHN P. HEILMAN

Dr. Heilman graduated from Palmer College of Chiropractic in Davenport, Iowa, in 1973 and spent the next 30 years not only actively practicing Chiropractic but also seeking out ways of helping people feel better so they might live a better life. He has done extensive research and schooling on more effective ways to help people obtain better health.



Techniques used daily in his practice include:

Biocranial work from Dr. Robert Boyd of Northern Ireland, CranioBiotic Technique, Bio-kinetic Technique, Neuro-emotional Technique, Chiropractic Manipulation, Homeopathic Medicines, and Nutritional Counseling. Dr. Heilman has been successfully treating patients for a large variety of problems, including, but not limited to, allergies/sensitivities, digestive issues, musculoskeletal pain, post surgical pain, skin conditions, and neuro-emotional issues. He has also been treating patients for Fibromyalgia for years, and he was recently accepted by the Fibromyalgia Centers of America to help change the lives of patients who suffer with this dreaded condition.

FCA BIO:

FCA was birthed from caring and concerned doctors who independently researched methods that could help the frustrated, debilitated sufferers of Fibromyalgia. These doctors have joined knowledge, methods and results with a professional commitment toward relief. They are committed to finding the causable factors and correcting them through modern technology. Thus the birth of Fibromyalgia Centers of America.

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Fibromyalgia Centers Of America



Health Is Your Birthright.

Restoration Is The Key

(Find Out How)

What is Fibromyalgia?

Fibromyalgia is widespread muscle and skeletal pain. Widespread is defined as pain occurring on the right and left sides of the body, above and below the waist, and along the spine. Localized pain also must occur in a majority of identified "tender points" all over the surface of the body.

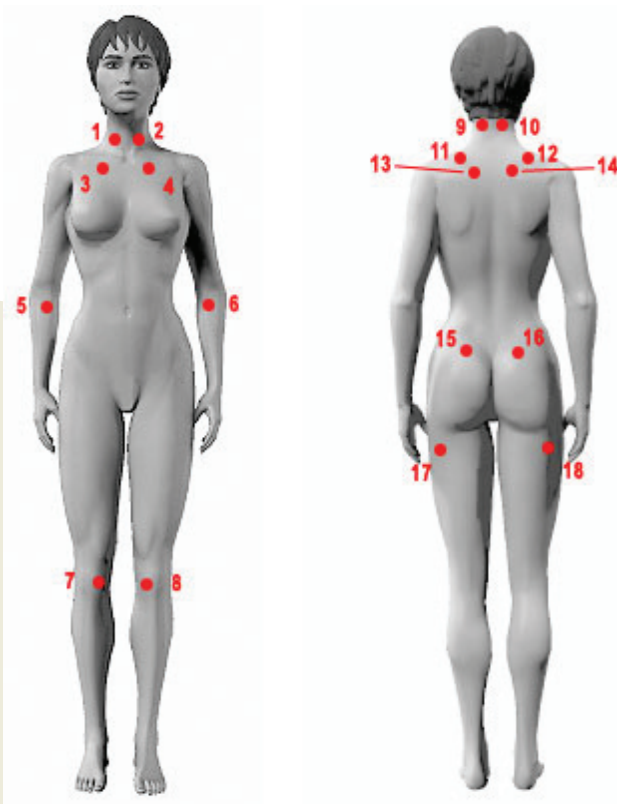
Do I Have Fibromyalgia?

A patient must have several symptoms present so that the diagnosis of Fibromyalgia can be confirmed. Many patients have the symptoms but may not even know what Fibromyalgia is. Others have been told by their MD that they "are on their way to having Fibromyalgia soon if nothing is done".

Other General Signs and Symptoms

- Tempo mandibular joint dysfunction
- Skeletal pain and whole body aches
- Fatigue
- Trouble sleeping
- Depression
- Chronic headaches
- Bowel disturbances
- Anxiety
- Racing heartbeats
- Allergies
- Decreased coordination

Trigger Points



Trigger points are areas of tenderness in a muscle.

Trigger points may be associated with myofascial pain syndromes or Fibromyalgia.

If you suffer with 11 of the 18 points, you may be suffering with Fibromyalgia.

Please discuss these points while consulting your FCA Doctor.

Are You Suffering Needlessly? What Can Be Done?



Treatment begins when you are ready to find out the cause of your problem.

Let one of the trained doctors at FIBROMYALGIA CENTERS OF AMERICA start you on the path to health.

It begins with consulting your trained professional. After the consultation, an in depth exam will be performed if you qualify for treatment.

See what patients of FCA have to say:

I have felt better with the aching and I have more stamina to do things I haven't been able to do in a long time. - Margaret Hester

I am walking three miles, three times a week. I have a lot more energy and I have gone back to work. I am not having muscle spasm or taking pain pills anymore. - Edna Scott